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much longer than she anticipated, as well as the delight of responding to overwhelming hunger and the release of cultural fallacies around weight and health. As Kerrie learns to surrender to the recovery process, she cultivates the authentic self that had been ...

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memoir in which
Kerrie Baldwin
recounts her
determined yet
difficult journey to
health after a decade-
long illness with an

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eating disorder. This inspirational story is captivating and readable, written with simple language and powerful analogies, capable of transporting the reader to the center of Kerrie ' s thoughts and feelings without ever dipping its toes into sentimentality.

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BOOK REVIEW: I,

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Review

Although the work feels like a memoir, it reads like a novel with the author's spare, unrelenting narrative a perfect accompaniment to the time, place, and underlying familial issues. If you like this

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book, then you might also like Shark Man, a novel for the middle grades, which picks up where the author left off in Dragonfly taking the ...

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rating. ISBN-13:

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Strank ...

In her memoir about her recovery from anorexia, Kerrie Baldwin doesn't whitewash anything. She deftly uses language to let the reader accompany her through her

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various stages of recovery, from her confident, euphoric beginnings to her prolonged suffering with edema, and doubt that she can push through to the end, followed by her renewed determination.

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Customer reviews: I,

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Review: That which is
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also universal. After 14 years of refusing to publish, because I thought I didn't really write the poem, they came to me from the universe.

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Kerrie Baldwin
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I, Dragonfly: A
Memoir of Recovery
and Flight, which
includes a foreword
by Gwyneth Olwyn,
will release in e-book
and paperback
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it requires to what it
can ultimately deliver.
At thirty-three years
old, Kerrie was
managing a freelance
career, her three
young children, and a
closeted battle with
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Baldwin. This
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memoir unveils the
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recovery—from what it requires to what it can ultimately deliver. At thirty-three years old, Kerrie was managing a freelance career, her three young children, and a closeted battle with anorexia that had plagued the past ten years of her life.

Recovery Experiences

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Flight

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2020 Royal Dragonfly
Book Award Winners
Announced.

CHANDLER, AZ

(December
2020)—Story

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Monsters LLC has announced the winners of the 2020 Royal Dragonfly Book Awards, including Grand Prize Winner Merged by Jim and Stephanie Kroepfl, and First Place Drawing Winner Finding Om by Rashmi S. Mismark, MD. The annual Royal Dragonfly Book

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that honors
excellence ...

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This groundbreaking
memoir unveils the
light and shadows of
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recovery--from what
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can ultimately deliver.

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At thirty-three years old, Kerrie was managing a freelance career, her three young children, and a closeted battle with anorexia that had plagued the past ten years of her life. But once the mounting misery finally becomes too much, she embarks on a treacherous two-year

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Journey to remission from this lethal and pervasive neurobiological condition. I, Dragonfly chronicles the physical and psychological transformations of her recovery, including the panic of witnessing her body expand to unfamiliar proportions and the

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contention with exhaustion and pain in her limbs that last much longer than she anticipated, as well as the delight of responding to overwhelming hunger and the release of cultural fallacies around weight and health. As Kerrie learns to surrender to the recovery process,

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she cultivates the authentic self that had been arrested a decade prior, which eventually comes at an agonizing cost to her and her family.

Through the scientific evidence-based approach to recovery introduced in the foreword by Gwyneth Olwyn, author of *Recover from Eating*

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Disorders: A
Homeodynamic
Recovery Method,
Kerrie achieves a
state of remission--a
seeming impossibility
to those trapped in
starvation. Her brutal
yet liberating path
serves as a reassuring
roadmap for millions
of sufferers
worldwide who seek
to reclaim

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themselves. At the same time, her candid and inspiring story reflects a universal passage to self-actualization.

Life—and death—may be hard; but joy is simple.
Lannette Cornell Bloom, a typical, overworked nurse, wife, and mom of two,

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was forty-three when her mother was diagnosed with pulmonary fibrosis.

She quit her job and dove headlong into the familiar role of caretaking. This choice—to slow down and be present for the hardest year of her life—resulted in an awakening. In unexpected moments,

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as childhood memories flooded into the present, Lannette glimpsed bits of magic that existed just beyond the pain. Without knowing it, she was experiencing a mindful dying process with her mother—and it was a journey that would change the way she lived the rest

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of her life. A touching and soulful memoir that gracefully uncovers the beauty that is often lost within the dying process, *Memories in Dragonflies* is a beautiful portrait of what it means to be human and a gentle reminder to enjoy every moment, because even the

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simplest ones bring
lasting joy.

In *Brother to a Dragonfly*, Will D. Campbell writes about his life growing up poor in Amite County, Mississippi, during the 1930s alongside his older brother, Joe. Though they grew up in a close-knit family and

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cared for each other, the two went on to lead very different lives. After serving together in World War II, Will became a highly educated Baptist minister who later became a major figure in the early years of the civil rights movement, and Joe became a pharmacist who

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developed a substance abuse problem that ultimately took his life. Brother to a Dragonfly also serves as a historical record. Though Will's love and dedication to his brother are the primary story, interwoven throughout the narrative is the story

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of the Jim Crow South and the civil rights movement. Will is present through many of the most pivotal moments in history--he was one of four people who escorted black students integrating the Little Rock public schools; he was the only white person present at the

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founding of the SCLC;
he helped CORE and
SNCC Freedom Riders
integrate interstate
bus travel; he joined
Dr. Martin Luther
King Jr.'s campaign of
boycotts, sit-ins, and
marches in
Birmingham; and he
was at the Lorraine
Motel the night Dr.
King was
assassinated. Will's

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accomplishments, however, never take the spotlight from his brother, and as his relationship with Joe evolves, so does Will's faith. Featuring a new foreword by Congressman John Lewis, this book brings back to print the combined lives of Will Campbell--Will the brother and Will

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the preacher. A

Memoir Of

From the award-winning author of

Dust comes a magical, sea-saturated, coming-of-age novel that transports readers from Kenya to China and Turkey. On an island in the Lamu Archipelago lives a solitary, stubborn child called Ayaana

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and her mother, Munira. When a sailor, Muhidin, enters their lives, the child finds something she has never had before: a father. But as Ayaana grows into adulthood, forces of nature and history begin to reshape her life, leading her to distant countries and fraught choices. Told

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with a glorious lyricism, The Dragonfly Sea is a transcendent story of love and adventure, and of the inexorable need for shelter in a dangerous world.

'One of Africa's most exciting voices ... The Dragonfly Sea is a continent-hopping novel of epic proportions.'

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Refinery29 'In its omnivorous interest in the world, The Dragonfly Sea is a paean to both cultural diffusion and difference . . . as much as [the novel] traces the globe, it also depicts an internal pilgrimage, its heroine in rose attar a broken saint.'

New York Times

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'Owuor continues to break ground among contemporary African writers.' Vanity Fair

Flight

“ Kathy Rhodes writes about grief and fear and denial and pain—and she does it well. She crafts scenes that make us feel like we ’ re in the room with her. Highly recommended. ”

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—Neil White, author of *In the Sanctuary of Outcasts*. At some point life boils what's in your crucible down to the salt of you.

Everything she had depended on her husband—job, income, identity, companionship, future hopes and dreams, even her

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house—and then, suddenly, he died. Kathy Rhodes staggers onto the grief road and navigates her way through the fog of disorientation, decisions, “ death duties, ” the dreaded firsts, and basic daily survival. She lands a new job, loses it when the company fails,

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gets another job,
loses her mother and
her childhood home,
then sells her own
house and buys a
smaller one. Five
years down the road,
she realizes she has
journeyed from
“ our ” to “ my. ”
She has built a whole
new life. Her journey
parallels the
metamorphosis of the

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Dragonfly. Dragonflies start out in the water, submerged in the dark, then gradually, in time, find their way to the skies. Rhodes survives the darkest time of her life and makes her way onward and upward. She finds the well place in her heart.

"Kathy Rhodes writes

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about grief and fear
and denial and pain
and she does it well.
She crafts scenes that
make us feel like
we're in the room
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recommended." Neil
White, author of In
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to the salt of you.

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Everything she had depended on her husband job, income, identity, companionship, future hopes and dreams, even her house and then, suddenly, he died. Kathy Rhodes staggers onto the grief road and navigates her way through the fog of

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the company fails,
gets another job,
loses her mother and
her childhood home,
then sells her own
house and buys a
smaller one. Five
years down the road,

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she realizes she has journeyed from "our" to "my." She has built a whole new life. Her journey parallels the metamorphosis of the dragonfly. Dragonflies start out in the water, submerged in the dark, then gradually, in time, find their way to the skies. Rhodes survives the darkest time of her life and

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makes her way
onward and upward.
She finds the well
place in her heart.

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Read the USA Today
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author of *Roses*, a
"sumptuous, full-
bodied, and
emotional" novel
about five young
spies embedded
among the highest

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Nazi ranks in A
occupied Paris
(Adriana Trigiani,
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author of Tony's
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World War II, a
handful of idealistic
young Americans
receive a mysterious
letter from the
government, asking
them if they are
willing to fight for

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their country. The men and women from very different backgrounds -- a Texan athlete with German roots, an upper-crust son of a French mother and a wealthy businessman, a dirt-poor Midwestern fly fisherman, an orphaned fashion designer, and a

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ravishingly beautiful female fencer -- all answer the call of duty, but each for a secret reason of her or his own. They bond immediately, in a group code-named Dragonfly. Thus begins a dramatic cat-and-mouse game, as the group seeks to stay under the radar until a fatal misstep

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leads to the capture and the firing-squad execution of one of their team. But is everything as it seems, or is this one more elaborate act of spycraft?

Winner of the 2020 National Book Award for Young People's Literature! Winner of the 2020 Boston

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town, one boy's grief takes him beyond the bayous of his backyard, to learn that there is no right way to be yourself.

On Dragonfly Wings
– a Skeptic's Journey
to Mediumship, is a

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candid and personal search for the meaning of life, of death and of grief. It aims to give hope to those who have lost a loved one and to those who are about to pass beyond – hope that this is not an end. Written for lay people, rather than experienced spiritualists or

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mediums, and for anyone who is curious about exploring further, it provides practical tools to help readers find their own spiritual truth and path.

When a seemingly routine medical procedure results in her mother's

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premature death,
Anne Panning is left
reeling. In her first
full-length memoir,
the celebrated
essayist and short
story writer draws on
decades of memory
and experience,
piecing together hard
truths about her own
past and her
mother's. We follow
Panning's winding

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path from rural
Minnesota to the
riverbanks of
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Delta. A stark,
poignant tale of two
women deeply
connected, yet
forever apart,
Dragonfly Notes is a
testament to the
prevailing nature of
love, whether in the
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rediscovered note, a sudden moment of unexpected recall, or sometimes, simply, the sight a dragonfly flitting past.

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